



Faculty of Science
School of Psychology

PSYC3331 Health Psychology

Semester 2, 2014

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	Science		
	Psychology		
	PSYC 3331		
	Health Psychology		
	Semester 2		2014
	6		3 rd year
	Prerequisite/s: PSYC2001, PSYC2061 or PSYC2101		

This course aims to introduce students to some of the major theoretical and empirical work in Health Psychology. Its primary focus will be on the promotion and maintenance of health-related behaviour and the prevention

NB. Course timetables are subject to change without notice. Students are advised to check regularly for updates on the Blackboard course site.

is that as a result of this course you will understand some of the primary influences on the emergence of health psychology. In addition, our aim is to provide you with knowledge relating to some of the core topics in the area of health psychology and, in particular, further your understanding of the scientific relationships between behavioural principles on the one hand, and physical wellbeing on the other. We also aim to provide you with the knowledge that will enable you to critically evaluate the usefulness of psychological theory and research findings for understanding illness and enhancing health. We also want you to be able to communicate the knowledge you gain in clear, concise, and common-sense language.

We want you to be independent in your learning and we will support you in your learning experiences. We want you be inspired to know more about Health Psychology, either by continuing on to participate as an academic researcher or as an applied professional who understands and acts on the basis of quality research, or as a professional in another field who can use the skills and knowledge to advantage.

To achieve the learning outcomes outlined above, you will need to attend the bi-weekly lectures and the

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