



Course Outline

PSYC1023

Abnormal Psychology

School of Psychology

Faculty of Science

T1, 2019

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1. Staff

Position	Name	Email	Consultation times and locations	Contact Details
Course Convenor	Dr Natalie Rogers	n.rogers@unsw.edu.au	Email to arrange a consult time	Email
Lecturers	Dr Natalie Rogers Dr Joshua Broderick Helena Pacitti	n.rogers@unsw.edu.au	Email to arrange a consult time	Email

2. Course information

Units of credit: 6

Pre-

3. Strategies and approaches to learning

3.1 Learning and teaching activities

The lecture content of this course is presented entirely online via the [Moodle](#) eLearning website. The lectures will be delivered in video format (closed-captioned). Where applicable, PDF copies of the slides will be made available (note that not all lecturers for this course utilise slides) Students should watch the lectures and write separate notes to maximise their understandi

course administration information. This may be attempted open book. The quiz is untimed and may be attempted as many times as needed to score 100%. Successful completion will allow access to the course materials.

Updates and announcements will be made on the 'Announcements' forum on the Moodle page and/or by email. It is the student's responsibility to check Moodle and their student emails regularly to keep up to date.

Although this is an online course, it is expected that students dedicate the same amount of time each week to studying for this course as they would for an 'on-campus' course. "Independent, self-directed practice" is a UNSW Graduate Attribute and an important aspect of on(ec)d

4. Course schedule and structure

The expected weekly engagement for all UNSW 6UOC courses is 150 hours per term. This course involves 1 hour of lecture material (average; range: 37-117 minutes) and 1 hour of online modules per week. In addition, students are expected to engage in 7 hours of self-determined activities per week to complete course readings and assessments. The remaining time should be spent on revision and exam preparation.

Week	Lectures	Online modules	Self-determined activities
Week 1 18/02/2019	Introduction to Psychopathology Lecture 1: What is “abnormal”? (6 mins) Lecture 2: DSM classification and assessment (9 mins) Lecture 3: Early approaches to studying the mind (11 mins) Lecture 4: The 20 th Century and beyond (6 mins) Lecture 5: The scientific method (14 mins) Lecture 6: From research to treatment (15 mins) 61 mins total	Group Discussion Point: Conditioning in everyday life Revision quiz	Readings: Chapter 1 (pp 3-26); Chapter 3 (pp 70-97) 50 pages, approx. 2.5 hrs
Week 2 25/02/2019	Psychological Theories – Emotion, Fear and Anxiety Lecture 1: James-Lange Theory of Emotion (29 mins) Lecture 2: Discrete vs Dimensional Theories of Emotion (40 mins) Lecture 3: Recap and Differential Emotions Theory (32 mins) Lecture 4: Fear and anxiety (16 mins) 117 mins total	Videos: Crash Course Psychology! Revision quiz	Readings: Chapter 2 (pp 33-66) 33 pages, approx. 1.5 hrs
Week 3 4/03/2019	Mood Disorders Lecture 1: What is depression? (10 mins) Lecture 2: What causes depression? (18 mins) Lecture 3: How do we treat depression? (15 mins) 43 mins total	Online Activity: Writing and APA Referencing workshop Revision quiz	Readings: Chapter 6 (pp 201-206; 209-242) 41 pages, approx. 2 hrs

Week 4 Anxiety disorders

11/03/2019

Lecture 1: Specific phobias (36 mins)

Lecture 2: Treating specific phobias (23 mins)

Lecture 3: Social Phobia (26 mins)

80 mins total

Revision quiz

Readings: Chapter 4 (pp 118-124;
135-140; 141-145)

Week 9 15/04/2019	Cognitive disorders Lecture 1: Amnesia, delirium and Alzheimer's disease (20 mins) Lecture 2: Causes and treatments for dementias (28 mins) 48 mins total	Revision quiz	Readings: Chapter 13 (pp 505-520) 15 pages, approx. 45 mins
Week 10 22/04/2019	Eating and sleep disorders Lecture 1: Eating disorders and their causes (30 mins) Lecture 2: Theories and treatments for eating disorders (21 mins) 51 mins total	Online Tutorial: "You are getting sleepy!" Revision quiz	Readings: Chapter 8 (pp 283-319) 36 pages, approx. 1.75 hrs
Study period 2/05/2019			Revision/Exam preparation
Exam period 6/05/2019			Revision/Exam preparation

APA style conventions. Students do not need to purchase a copy of the manual, it is available in the library or online. This resource is used by assessment markers and should be the only resource used by students to ensure they adopt this style appropriately:

[APA 6th edition.](#)

Referencing is a way of acknowledging the sources of information that you use to research your assignments. You need to provide a reference whenever you draw on someone else's words, ideas or research. Not referencing other people's work can constitute plagiarism.

Further information about referencing styles can be located at <https://student.unsw.edu.au/referencing>

Academic integrity is fundamental to success at university. Academic integrity can be defined as a commitment to six fundamental values in academic pursuits: honesty, trust, fairness, respect, responsibility and courage.¹ At UNSW, this means that your work must be your own, and others' ideas should be appropriately acknowledged. If you don't follow these rules, plagiarism may be detected in your work.

Further information about academic integrity and **plagiarism** can be located at:

The *Current Students* site <https://student.unsw.edu.au/plagiarism>

8. Administrative matters

The [School of Psychology Student Guide](#) contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements
- Assignment submissions and returns
- Assessments
- Special consideration
- Student code of conduct
- Student complaints and grievances
- Disability Support Services
- Health and safety

It is expected that students familiarise themselves with the information contained in this guide.

9. Additional support for students

The Current Students Gateway: <https://student.unsw.edu.au/>

Academic Skills and Support: <https://student.unsw.edu.au/academic-skills>

Student Wellbeing, Health and Safety: <https://student.unsw.edu.au/wellbeing>

Disability Support Services: <https://student.unsw.edu.au/disability-services>

UNSW IT Service Centre: <https://www.it.unsw.edu.au/students/index.html>